

Weekly Inspirations for Little Dreamers



E-Newsletter: Information & Activities to keep their "little lights" shining



Growing Little Dreamers!

Although rules and limitations are a part of life, expansion and growth are also! Sometimes, parents must say no to their children. It's necessary for growth. But what about those yeses! Many parents who have enrolled their children in my new online art classes have repeatedly said yes when their Little Dreamer asks for more lessons. That's because they see growth in their confidence and skills. Classes are growing in demand, and I've opened more time slots to meet them! The more your child learns new things, the more he or she will grow!

Got a little dreamer? Have them draw on page 3. Or sign them up! This week, we create art using characters 5, E, and a shape. See [the intro video and enroll here](#).

Class Schedule

TUE	WED	THU	FRI	SAT
11a 29 12p 1p 2p Number 3p 5 4p 5p 6p	11a 30 12p 1p Letter 2p 3p E 4p 5p 6p	11a 1 12p 1p 2p Number 3p 5 4p 5p 6p	11a 2 12p 1p Letter 2p 3p E 4p 5p 6p	11a 3 12p 1p 2p Shape 3p 4p 5p 6p
11a 6 12p 1p Number 2p 6 3p 4p 5p 6p	11a 7 12p 1p Letter 2p F 3p 4p 5p 6p	11a 8 12p 1p Number 2p 6 3p 4p 5p 6p	11a 9 12p 1p Letter 2p F 3p 4p 5p 6p	11a 10 12p 1p Shape 2p 3p 4p 5p 6p

45 MINUTE CLASSES

SEP 29 - OCT 10
2020

2-WEEKS

EST

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QUOTE OF THE WEEK

"Children do learn what they live. Then they grow up to live what they've learned."

— Dorothy Nottle

Word: Growth

What does **growth** mean?

- The process of increasing in size.
- To make progress. Expand. Enlarge. Multiply.

Reflect on the quote and meaning. How will you show you're **growing** this week?

Parents: Help your child learn the meaning of growth. Engage in a conversation and activity about it on page 3.

Come grow with us little dreamers!



Art

Sign Up!

Art by a Student

A Parent's Feedback 5★Reviews!!

Wonderful class. This is my son's third class. He loves drawing and Mr. Sterling. He's great at making the kids all feel comfortable no matter what their skill level. Highly recommend.

- Nola



Sterling B. Freeman

My **mission** for the Little Light Series is to energize, enlighten, and empower the minds of children and emerging leaders. The **purpose** is to keep their "little lights" shining, so they can be inspired to grow, build, and live their dreams.

Please Share Your Pics and Feedback!

Share feedback and pics. Email them or post and tag me on Instagram @littlelightseries. Maybe your little dreamer will be featured in the next issue. Get my book and coloring book, "Goodnight, Little Dreamer," online at [Barnes & Noble](#) and [Amazon](#). Leave a review wherever purchased. Share a pic with it, too!

Thanks for subscribing! See you in the next issue.

REMEMBER: Wash your hands, listen to your parents & teachers, and keep shining! **Stay safe!**

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ACTIVITY SHEET



LITTLE DREAMER'S FIRST NAME: _____

Write the word for this week: _____

Reflect on the quote and word. Draw a picture using your imagination.

A large, empty rectangular box with an orange border, intended for a child to draw a picture. In the bottom right corner of this box, there is a small illustration of two crayons, one orange and one blue.

Write a short sentence (caption) about the picture.
